

**Glastonbury: A Sacred Journey of the Heart**  
**with Ronna Prince and Dr. Donald Backstrom**  
by Corinne L. Casazza

The mists of Avalon. The legends of King Arthur's court. Stone Henge. Rolling green countryside alive with Goddess myths, Neolithic sites and ancient wisdom. Ronna Prince and Dr. Donald Backstrom offer to take you to back to these sacred lands to rediscover yourself.

Ronna Prince has always been drawn to area around Glastonbury for the legends it carries. There are locations in a 30 mile radius like Stonehenge, that Ronna has been enthralled with since childhood. She visited for the first time last summer.

“I experienced a spontaneous healing at the chalice well. I put my left hand over the well and I felt this presence of incredible, unconditional love, compassion and healing enter my left hand and go through my whole body.”

Ronna is a conscious channel. She's been channeling divine inspiration that comes through her for clients since 1997. As a channel, she was able to experience some powerful personal messages from Mary.

“I just sat and wept for 30 minutes and had an incredible heart healing and heart opening. It was at that moment, I realized I could bring people here to experience this unconditional love.”

There are many myths around the idea that the chalice from the last supper was placed in the well at Glastonbury. Ronna says the well still has a holy presence that rises up from it. “I experienced incredible feminine, heart-centered unconditional love that changed me from that moment on.”

Ronna and Dr. Backstrom have some very special activities planned for this trip. People will have private time in Stonehenge to meditate, private time in the gardens of Glastonbury and at the chalice well, and toning in the burial chamber at West Kennet Long Barrow. Of course, Ronna will channel divine inspiration each day. These events allow people to connect more deeply with the essence of the land and themselves.

“Sacred sites allow people to connect to their whole being, to their logos – the source and fundamental order of the universe. That’s the disconnect we have in modern society, we get out of the flow of the fundamental order of the Universe. Instead, when we see ourselves as a whole logos being – when we incorporate spirit and all that we’ve ever been – we can access portals within ourselves. It’s very powerful symbolically to go through these ancient portals such as the Trilithon in Stonehenge or the West Kennet Long Barrow. It’s a symbolic portal into our own heart so we can access those places that are being called very loudly to be healed.”

In daily life, when powerful emotions come up, we most often suppress them since we’re in the middle of our busy schedules. We constantly deny the whole logos, the whole being, of who we are.

“When you go into St. Michael’s Tor, stuff will come up. It’s a known place for stirring up repressed feelings. It’s very important that we’re going as a group with myself and my partner, Dr. Donald Backstrom, who has a masters in clinical psychology and is a holistic physician. When we take a group, we envision ourselves as an all-encompassing care team. When people’s emotions are stirred up, there are professionals onhand to help them deal with that.”

Ronna and Donald find that once people deal with and integrate these emotions, there is a real core of joy beneath. We're repressing so much and putting so much energy into just maintaining our schedules, that the core of joy really gets shoved underneath all that.

"We've done enough of these journeys to know it's a process that happens over the course of the 9 day tour. The first 3 or 4 days bring about some really intense inner exploration and then the last half of the journey is about integrating those places we've now liberated, so we can come out more whole and integrated and complete than we started."

Ronna and Donald have created the Whole Logos System™ to help people work through their emotions. The Whole Logos System is about connecting to all parts of ourselves. Its focus is to unlearn unconscious behaviors and repattern conscious thoughts and emotions to bring healing. It's very important to acknowledge and accept the thoughts and feelings; to be responsible for shifting them. Ronna and Donald have many tools they'll teach people.

"It may be as simple as tapping on some of the energy meridians. We've found tapping on the high heart alters the meridian system that anchored this pattern in. It brings the pattern into consciousness and allows the limbic system to start releasing some of these patterns. The Whole Logos system goes through a number of techniques that people can use in the moment wherever they are. Illuminating these places of darkness allows us to become free to express all of who we are; to reconnect with that place of joy we've suppressed."

This pilgrimage is called *Sacred Journey of the Heart: A Transformational Journey to the Lodestar of your Soul*. The name comes from a series of discourses Ronna channeled from an inner teacher who talks about the concept of liberation and finding our way home. The Lodestar is what sailors of old used to guide them home. To find the lodestar; you must first locate the lodestone. The lodestone is the heaviness within ourselves that brings us to our unhealed experiences and unhealed emotions, whether from this life or past lives. These experiences are the very transformational material we use to go into the darkness and get a different perspective of it. When we acknowledge and accept those places of darkness within us, we can use them to reformat and integrate into ourselves for healing.

Ronna and Donald believe we must embrace these places with gratitude because they are the very fundamental substance that allows us to transmute and heal through consciousness, through love and acceptance into the lodestar that then leads us home. “It is an integration of all we are. The darkness, the lessons are the very gold of alchemy. We have to be willing to embrace those and fully align with the power of the lessons. It’s unconditional love and forgiveness that lead us home.”

This trip is an opportunity for people to connect into their feeling heart center. The connection you’ll feel to these sacred lands of ancient wisdom will bring you into your heart, which will expose the lodestone – transforming and converting that heaviness into the lightness of the lodestar that brings you home to the freedom of expressing all that you truly are.

For more information on *Sacred Journey to Heart*, visit Stellar Productions your contact for Transformational Events, Conferences & Spiritual Journeys, at

[www.stellarproductionslive.com](http://www.stellarproductionslive.com), or call 866-304-8700 or 928-282-2450. For more information about Ronna Prince, visit her web sites at [www.azlivinglight.com](http://www.azlivinglight.com) or [www.consciouslightchannel.com](http://www.consciouslightchannel.com).